



2020 REGISTRATION PACKAGE

LEVEL 1: FUNDAMENTALS PROGRAM, SAN ANTONIO, TX, USA

Sponsored by:

Valerie Rice, Ph.D., OTR/L, EFT-C, EEM-AP
Eden Energy Medicine Advanced Practitioner and Teacher

Valerie@VitaLifeCenter.com; VitaLifeInsight@gmail.com; 210.391.8000

The Eden Energy Medicine **Level 1: Fundamentals Program** taught by Valerie Rice (Vita) in San Antonio, TX is a one-year program designed for those individuals desiring in-depth coursework and supervision in Donna Eden's style of Energy Medicine (EdenEnergyMedicine.com). This program is based on a curriculum developed by Donna, along with her faculty members. The goal of the program is to help any student of The Eden Method obtain a firm foundation in the body of work Donna has created over the past 35 years and to develop the skill levels necessary to begin using these techniques regularly, for their own self-care, with family and friends, or in a professional setting with clients.

Successful completion of the **Level 1: Fundamentals** will give students the option of applying this class work toward the Level 2: Certification Training held at one of the regional centers in Baltimore, Maryland, Chicago, Illinois, or Phoenix, Arizona. Completing Level 2: Certification Training is optional. Students in Level 1: Fundamentals may feel satisfied after one year and not see a need to take their studies further. At the end of the Level 1: Fundamentals, students will receive a certificate stating they have completed the Level 1: Fundamentals in Eden Energy Medicine, however this should not be construed as a certification in Eden Energy Medicine, as that requires the completion of the Level 2: Certification Training, along with applying for and completing the certification process through Innersource.

The main purpose of the **Level 1: Fundamentals** is educational, and classes will include lectures, small group hands-on practice, as well as question and answer sessions. Each class is designed to provide you with skills for working with the body's energies to promote physical and emotional well-being. This can be an intense experience and doing energy work in a large group can be taxing, so if you are not in good health, we ask you to take this into account before registering. If your primary need is in pursuing a healing experience, we encourage you to contact one of the practitioners listed on Donna Eden's website and work with them directly.

This **Level 1: Fundamentals** in San Antonio is taught by Valerie Rice (Vita) (Ph.D., OTR/L, EFT-C, EEM-AP) an Advanced Eden Energy Medicine Practitioner, and recognized instructor in the Eden Energy Medicine Certification Program in the United States. Valerie teaches the first year of the program and sets up other introductory trainings in, and around San Antonio, TX. She is also a certified Human Factors Engineer/Ergonomist, licensed Occupational Therapist, and is certified in Emotional Freedom Technique, Sound Health Voice Analysis, and the Interactive Metronome. Dr. Valerie Rice is a retired Colonel from the U.S. Army and researcher for the U.S. Army Research Laboratory.



WHEN: Every quarter for one year. The four classes must be taken in sequence. Each of the preceding classes is a prerequisite for those that follow. There are options available if you cannot make all the classes. These are listed in the Withdrawal Policy, below.

San Antonio, TX 2020 - 2021

DATES

Class 1: May 28 - 31, 2020

Class 2: August 13 - 16, 2020

Class 3: November 5 - 8, 2020

Class 4: February 4 - 7, 2021

TIMES

Thursday: 12:00 - 6:00 p.m.

Friday: 9:00 a.m. - 6:00 p.m.

Saturday: 9:00 a.m. - 6:00 p.m.

Sunday: 9:00 a.m. - 1:00 p.m.

WHERE

Center for Life

12915 Jones Maltsberger Rd. Building 600

San Antonio, TX 78247

IMPORTANT NOTE: For the purpose of hands-on experience students of The Eden Method work on massage tables. Working on massage tables protects students from unnecessary discomforts and guarantees safety. We encourage you to have one at home for your practice.

DEPOSIT: A **\$300.00** USD deposit will be paid to Innersource. The deposit will be applied to class 4. Follow this link for more information: <https://edenmethod.com/l1-2020-21-valerie-rice-san-antonio-tx/>.

TUITION: After the deposit of \$300 USD is paid, the remainder of the tuition is **\$3680.00** USD per year. The tuition payments can be paid in full or quarterly - one month prior to each class. The tuition covers all of the class handouts, conference space, faculty, and continued supervision by the teaching staff for the duration of the program. The cost of tuition is guaranteed for the current year 2020. Please make money orders payable to: Valerie Rice

Class 1 payment: **\$995 US**; Class 2 payment: **\$995 US**; Class 3 payment: **\$995 US**; Class 4 payment: **\$695 US**

Please note that the student is responsible for paying applicable taxes as per their country of origin.

HOW TO PAY: Please deposit the \$300 with Innersource at <https://edenmethod.com/l1-2020-21-valerie-rice-san-antonio-tx/> Please make payments on Valerie's website: VitaLifeCenter.com If there are questions, contact Valerie Rice at 210.391.8000.



ACCOMMODATIONS: Meals and lodging are at the student's expense. San Antonio offers a wide range of hotels and Airbnb, public transportation, outstanding cuisine suitable for all appetites, and rich exposure to art and culture. San Antonio is known for the River Walk, Mexican cuisine, the largest night parade in the country, and Fiesta!

CLASS MATERIALS: All students must purchase the following class materials BEFORE Class 1 starts:

- Energy Medicine book
- Energies of Love DVD or book (not required if they attended an Energies of Love "live" class with Donna and David, or have the streaming version)
- Ethics Handbook for Energy Healing Practitioners
- The Nine Energy Systems DVD

Please bring your Ethics Handbook for Energy Healing Practitioners and Energy Medicine book for reference at each class.

Please order these materials online at <https://edenenergymedicine.com/product-category/foundations-student-course-materials/>.

Your teacher can provide you with a **discount code** for savings on required items listed above.

CLASS ASSIGNMENTS: Your instructor will supply you with tests designed by Innersource.

LEVEL 1: Fundamentals classes require you to complete a take home, open-book test after each quarter and do a live or online demonstration, through Skype, Zoom, or other similar video conferencing system, of the material learned.

- Students need to e-mail his/her **open-book test** to their instructor by a deadline indicated during the class.
- A **live demonstration** of practical skills can be performed either in person or via Skype or Zoom. Your instructor schedules the date for your exam privately.

INVITATION: During the course of this exciting year you will meet many interesting people and will be able to create meaningful relationships. You will be also able to meet former students and practice with them at your convenience. Take advantage of this opportunity and be open to practical exchanges. Your skills expand as you get involved in hands-on sessions with classmates, friends and family members.

Successful completion of Level 1: Fundamentals will give students the option of applying this class work toward the Level 2: Certification Training held at one of the regional centers in Baltimore, Maryland, Chicago, Illinois, or Phoenix, Arizona.

REGISTRATION PROCEDURES: Please fill out and send in the attached registration form (page 4, 5 and 6), along with your receipt of \$300.00 deposit you paid to Innersource. We will process it and notify you via email that you are registered. Early registration is suggested as space may be limited.



2020 REGISTRATION FORM

LEVEL 1: FUNDAMENTALS PROGRAM, SAN ANTONIO, TX, USA

Sponsored by: **Valerie Rice (Vita), EEM-AP**
Eden Energy Medicine Advanced Practitioner and Teacher

Name _____

Address _____

City _____ Prov/State _____ Postal Code _____

Please provide all phone numbers, if available. Note which phone # we can use for the student roster.

Home _____ Work _____ Cell _____

Email (print clearly) _____ Profession _____

Your contact information will not be sold or distributed to third parties. Innersource will send you information about training opportunities.

Do you want to be included on a student roster? YES NO

OPTIONS: For planning purposes only, Innersource would like to know the following:

- My intention is** to attend Level 1: Fundamentals only
- My intention is** to enroll in the Level 2: Certification Training

How did you hear about the program? _____

What experience do you have with energy work? _____

PROGRAM COSTS: Tuition: Full amount for Level 1: Fundamentals = **\$3980.00 USD**

****Note:** You pay a \$300 USD non-refundable deposit when you register online with Innersouce. It is applied to your Class 4 tuition. See payment schedule below.

Class 1: Class 2: Class 3: Class 4:
 \$995.00 US
 \$995.00 US
 \$995.00 US
 \$695.00** USD - \$300.00 USD applied from Deposit

Please note that the student is responsible for paying applicable taxes as per their country of origin.



PAYMENT OPTION

DEPOSIT: \$300 USD non-refundable deposit receipt required with registration form.

Please check below which of the payment options you plan on using for your tuition.

TUITION COST IN USD

___ \$3,680 USD for the full year

___ Pay per class

\$ _____ Tuition due by March 03, 2020

\$ _____ Total Payment

PAYMENT METHOD

___ **check according to exchange rates**

___ **credit card on VitaLifeCenter.com**

___ Payment enclosed, payable to **Valerie Rice Amount: \$ _____ USD**

If paying before each class, due dates are:

Class 1: April 27, 2020

Class 2: July 12, 2020

Class 3: October 4, 2020

Class 4: January 3, 2021

Signature _____ Date _____

By my signature, I affirm that I have:

1) *read and understand the Level 1: Fundamentals –2020 Information Form, including class dates, due dates for 1) payment and 2) competency tests (written and live/ online option demo), and associated late fee policy.*

2) *read and agree to the withdrawal policy, missed class policy, and release agreement included with the Registration Form.*

Please mail* page 4, 5 and 6 with your payment to:

Valerie Rice
13434 Blackstone
Universal City, TX 78148

* You can e-mail page 4, 5 and 6 to Valerie@VitaLifeCenter.com.



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(please print, sign and mail/e-mail this page with your registration forms/pages 4, 5 and 6)

I understand that Eden Energy Medicine is an innovative approach to health care, which is only beginning to be investigated scientifically. I further understand that the training in The Eden Method/Energy Medicine and other services I am or may be receiving from Valerie Rice/Innersource do not substitute for diagnosis and/or treatment from a qualified health practitioner for illnesses, injuries, or other medical conditions.

I understand that some classes are digitally recorded, that these recordings may be distributed for educational purposes, and I give my permission for my participation to appear on these recordings.

Valerie Rice/Innersource reserves the right, at its discretion and without explanation, to ask a student to leave a Level 1: Fundamentals class, to terminate a student from Level 1: Fundamentals, or to not complete a student from Level 1: Fundamentals based on failure to meet the academic, behavioral, professional, or ethical standards of the program as determined by Innersource staff. Any refunds will be fairly determined, again at the discretion of the Innersource staff, on a case-by-case basis.

I also understand that any activity in which a person might participate involves some risk. In consideration of being permitted to enroll for the instructional and other services offered through Valerie Rice/Innersource, I release and hold Valerie Rice/Innersource, its agents, officers, employees, directors, successors, and affiliated corporations harmless from any claims arising out of my participation in the instructional or other services offered by Valerie Rice/Innersource.

Signature _____ Date _____

Printed Name _____

The main purpose of the Level 1: Fundamentals is educational, and classes will include lecture, small group practice, as well as question and answer sessions. Each class is designed to provide attendees with skills for working with the body's energies to promote physical and emotional well-being. This can be an intense experience and doing energy work in a large group can be taxing, so if you are not in good health, we ask you to take this into account before registering. If your primary need is in pursuing a healing experience, we encourage you to contact one of the trained practitioners listed on Donna Eden's website and work with them directly.



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Class 1: The \$300 deposit is non-refundable. However, if you withdraw from Class 1 BEFORE it has started, Innersource will refund you the \$300.

For withdrawals that occur from Class 2 forward:

If you withdraw from the program more than thirty days before the start of Class 2, 3 or 4, you will receive a 50% refund on any monies you have paid toward that particular class, and a 100% refund of money for any classes you have paid for thereafter. The \$300 deposit is not part of this refund as it is non-refundable. If you withdraw less than thirty days prior to the start of class, no refund of tuition will be provided for that class. If you just miss a class, but intend on completing the one-year program, you are still responsible for the full tuition for the class missed. Your tuition will still give you access to one of the teachers for questions on the material as well as Course Books and continued participation in Level 1: Fundamentals.

Withdrawals must be received in writing or by e-mail (valerie@VitalLifeCenter.com or VitaLifeInsight@gmail.com) and will be promptly acknowledged once received. Please recontact Valerie Rice, if you do not receive acknowledgement. In the case of emergencies (death or injury) or catastrophic (natural or accidental) events, you may contact Valerie Rice by phone (1-210-391-8000) and discuss your options.

MISSED CLASS POLICY:

It is your responsibility as a student to make up all work and instruction you miss if you fail to attend any of the four classes in this Level 1: Fundamentals program. Every effort will be made to work with you, including options such as review classes and private tutorials, at the student's expense. You may also watch a digital recording of the missed class (filmed previously). A link to the digital recording is sent to you from Innersource once you have paid the \$75.00 MIA fee to your teacher (and once your teacher submits her class roster to Innersource). You could also attend that class at another Level 1: Fundamentals location. A list of those classes can be found on the Innersource website: <https://edenenergymedicine.com/foundations-home/>. If you attend a class elsewhere, you may return to your original Level 1: Fundamentals location for the next class. Please discuss your options with your Level 1: Fundamentals teacher.



LEVEL 1: FUNDAMENTALS – CURRICULUM 2020-2021

CLASS 1: BASIC CURRICULUM

- Principles of Energy Medicine
- Energy Testing
- Eden Energy Medicine Exercises
- Staying Grounded
- Basic Anatomical Terminology
- Introduction to the Meridians
- Influencing Meridian Energies
- Therapeutic Protocols: Quickie Balance and Brazilian Toe
- Introduction to Ethics
- Energy Tracking

CLASS 2: BASIC CURRICULUM

- Introduction to the Five Rhythms
- Meridians, Part II
- Surrogate Testing
- Neurovascular Reflex Points
- Triple Warmer and Spleen
- Using Magnets
- Vivaxin Syndrome
- Ethics
- Class 2 EEM Client Sessions

CLASS 3: BASIC CURRICULUM

- Meridians, Part III
- Beginning Substance Testing
- Energy Medicine and Pain
- Reactive Energies
- The Auric Field
- Introduction to Irregular Energies
- Electrics
- Ethics
- Legal Issues
- Class 3 EEM Client Sessions

CLASS 4: BASIC CURRICULUM

- Chakras
- Radiant Circuits
- Source Points
- Energy Medicine for the Eyes
- Energies of Love – Sensory Types
- Ethics
- Class 4 EEM Client Sessions



LOOKING AHEAD: LEVEL 2: CERTIFICATION TRAINING

You may be interested in applying your year of Level 1: Fundamentals in San Antonio, TX towards becoming certified in The Eden Method (formerly Eden Energy Medicine). Please read below to get more details about this step.

All students must pay a \$300.00 non-refundable deposit, submitted online to Innersource. This deposit will be applied to your Class 4 tuition.

Level 1: Fundamentals Program is designed for students interested in applying Energy Medicine to themselves, friends, and family. Students who complete Level 1: Fundamentals Program will receive a Certificate of Completion. There will not be a title associated with the certificate and students will not be listed on the Innersource website as an EEM Certified Practitioner. Students are eligible to attend the Level 2: Certification Training within two years following completion of Level 1: Fundamentals.

If students who complete the Level 1: Fundamentals Program also complete the Level 2: Certification Training, they will be eligible to apply for the title of Eden Energy Medicine Certified Practitioner (EEM- CP). The Level 2: Certification Training is recommended for students who plan on applying the energy methods professionally or who want to heighten their proficiency. The requirements for each program are outlined on Innersource's website.

Both the **Level 1: Fundamentals** and the **Level 2: Certification Training** require you to complete a take home, open-book test after each quarter and do a live or online demonstration, through Skype, Zoom, or other similar video conferencing system, of the material learned.

Before taking the **Level 2: Certification Training** please read the guidelines from Innersource that outline the steps you need to take in order to become registered:

<https://edenenergymedicine.com/eemcp-year-2/>